

# Alcat Test Panel Contents

ALCAT TEST - ADDITIONAL PANELS

## 50 Functional Foods & Medicinal Herbs

Açai Berry	Huperzine
Aloe Vera	Kava Kava
Ashwagandha	Luo Han Guo
Astragalus	(Lo Han/Monk Fruit)
Bamboo Shoot	Lutein
Barley Grass	Maitake Mushroom
Bee Pollen	Milk Thistle (Silymarin)
Bilberry	Mullein Leaf
Black Walnut	Noni Berry
Cascara	Pau d'arco Bark
Chlorella	Pine Bark (Pycnogenol)
Chondroitin	Red Yeast Rice
Dandelion Root	Reishi Mushroom
Echinacea angustifolia	Resveratrol
Elderberry	Rhodiola
Essiac	Rooibos Tea
Feverfew	Schisandra Berry
Ginkgo Biloba	Senna
Glucosamine	Spirulina
Goji Berry	St John's Wort
Goldenseal	Valerian
Grape Seed Extract	Vinpocetine
Guarana Seed	Wheatgrass
Gymnema Sylvestre	Wormwood
Hawthorn Berry	Yellow Dock
Heartwood (Red Quebracho)	

## 50 Female Herbs

Alfalfa Leaf	Korean Ginseng
Arnica	Lavender
Black Cohosh	Lemon Balm
Blessed Thistle	Lobelia
Blue Cohosh	Maca Root
Boswellia	Marshmallow Root
Buchu Leaf	Mistletoe
Bupleurum	Motherwort
Burdock	Myrrh
Butcher's Broom Root	Nettle Leaf
Calendula	Partridge Berry
Cat's Claw	Pennyroyal
Chaparral Root	Peony Root
Chasteberry	Red Clover Flower
Cramp Bark	Red Raspberry Leaf
Damiana	Rehmannia
Dong Quai	Sarsaparilla
Evening Primrose	Siberian Ginseng
False Unicorn	Skull Cap
Fo-Ti Root	Slippery Elm
Gotu Kola	Uva Ursi
Horse Chestnut	White Willow Bark
Horsetail	Wild Yam Root
Irish Moss	Yarrow
Juniper Berry	Yerba Maté

## 40 Male Herbs

Alfalfa Leaf	Lycopene
American Ginseng	Maca Root
Arnica	Mistletoe
Burdock	Mucuna Pruriens
Butcher's Broom Root	Muiria Puama
Calendula	Myrrh
Cat's Claw	Nettle Leaf
Catuaba	Pumpkin Seed
Chaparral Root	Pygeum Bark
Cnidium Monnieri	Rehmannia
Damiana	Sarsaparilla
Deer Antler Velvet	Saw Palmetto
Dong Quai	Siberian Ginseng
Fo-Ti Root	Skull Cap
Gotu Kola	Stinging Nettle Root
Horny Goat Weed	Tribulus Terrestris
Irish Moss	Uva Ursi
Juniper Berry	Yarrow
Korean Ginseng	Yerba Maté
Lobelia	Yohimbe Bark

## 30 Food Additives/Colorings/Preservatives

Acid Blue #3 (Xylenol Blue V)	High Fructose Corn Syrup
Acid Red #14	Lecithin (soy)
Annatto	MSG
Aspartame	(monosodium glutamate)
Benzoic Acid	Orris Root
Beta-Carotene	Polysorbate 80
Butylated Hydroxyanisole (BHA)	Red #2 (Amaranth Red)
Butylated Hydroxytoluene (BHT)	Red #3 (Erythrosine)
Blue #1 (Brilliant Blue)	Red #4 (Carmine)
Blue #2 (Indigo Carmine)	Red #40 (Allura Red)
Brilliant Black	Saccharin
Citric Acid	Sodium Sulfite
Erythritol	Sorbic Acid
Green #3 (Fast Green)	Sucralose (Splenda)
	Xylitol
	Yellow #5 (Tartrazine)
	Yellow #6 (Sunset Yellow)

## 40 Preservatives/Expanded Additives/Environmental Chemicals

Acacia Gum	Mannitol
Adipic Acid	Methenamine
Ammonium Chloride	Methyl Anthranilate
Ascorbic Acid	Nickel Sulfate
Calcium Phosphate	Phosphoric Acid
Chlorine	Polydextrose
Cyclodextrin	Potash
Deltamethrin	(Potassium Hydroxide)
D-Lactitol	Potassium Phosphate
EDTA	Potassium Sorbate
Fluoride	Potassium Tartrate
Fumaric Acid	Sodium Acetate
Glycerol	Sodium Benzoate
Glyphosate	Sodium Bisulfate
Hexylresorcinol	Sodium Lactate
Invertase	Sodium Lauryl Sulfate (SLS)
Isomalt	Sodium Propionate
Lysozyme	Sodium Pyrophosphate
Magnesium Phosphate	Sodium Tripolyphosphate
Malic Acid	Succinic Acid
Maltodextrin	

## 20 Antibiotics/Anti-Inflammatory Agents

Acetaminophen (Tylenol)	Naproxen (Aleve)
Amoxicillin	Neomycin
Ampicillin	Nystatin
Aspirin	Penicillamine
Diclofenac (Voltaren)	Penicillin
Diflunisal (Dolobid)	Piroxicam (Feldene)
Gentamicin	Streptomycin
Ibuprofen (Advil/Motrin)	Sulfamethoxazole
Indomethacin (Indocin)	Sulindac (Clinoril)
Ketoprofen	Tetracycline

## 21/20 Molds

Alternaria alternata	Hormodendrum
Aspergillus fumigatus	cladosporium
Botrytis cinera	Monilia sitophila
<i>Candida albicans</i>	Mucor racemosus
Cephalosporium	Penicillium notatum
gramineum	Phoma herbarum
Cladosporium herbarum	Pullularia
Curvularia	aureobasidium
Epicoccum nigrum	Rhizopus stolonifer
Fusarium oxysporum	Rhodotorula rubra
Geotrichum candidum	Spondylocladium
Helminthosporium	Trichoderma