

Vibrant Wellness| 1021 Howard Ave, Ste B. San Carlos, CA 94070 1(866) 364-0963 | support@vibrant-america.com | www.vibrant- america.com

#### **PATIENT**

NAME: **DEMO REPORT** GENDER: **Male**DATE OF BIRTH: **07/05/1998** AGE: **22** 

ACCESSION ID: 2012090004

SPECIMEN COLLECTION TIME: 12-08-2020 17:34 SPECIMEN RECEIVED TIME: 12-09-2020 11:37 FINAL REPORT TIME: 12-22-2020 14:13

FASTING: FASTING

#### **PROVIDER**

PRACTICE NAME: Vibrant IT3 Practice
PROVIDER NAME: Vibrant IT3, MD (999997)

ADDRESS: 1000 FOSTER CITY BLVD, SAN MATEO COUNTY, CA- 94404.

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**Vibrant Wellness** is pleased to present to you, 'Food Additives Panel', to help you make healthy lifestyle, dietary and treatment choices in consultation with your healthcare provider. It is intended to be used as a tool to encourage a general state of health and well-being.

Vibrant Food Additives Panel is a test to measure antibody levels to food additives commonly occurring in industrial foods. The panel is designed to give a complete picture of an individual's levels of antibodies to these antigens in serum.

Interpretation of Report: The report begins with the Food Additives summary page which lists only the additives against which the antibody levels are high or moderate in the reference range. Following the summary section is the complete list of the Food additives along with the levels of antibodies to them in a tabular form to enable a full overview along with the corresponding reference ranges. The level of the antibody has a green, yellow or red highlight around the cell indicating – Mild, Moderate or High levels in comparison to our reference population. Additionally, the previous value is also indicated to help check for improvements every time the test is ordered. All contents provided are purely for informational purposes only and should not be considered medical advice. Any changes based on these choices are to be made in consultation with the clinical provider.

The Vibrant Wellness platform provides tools for you to track and analyze your general wellness profile. Testing for the food additives panel is performed by Vibrant America, a CLIA certified lab CLIA#:05D2078809. Vibrant Wellness provides and makes available this report and any related services pursuant to the Terms of Use Agreement (the "Terms") on its website at www.vibrant-wellness.com. By accessing, browsing, or otherwise using the report or website or any services, you acknowledge that you have read, understood, and agree to be bound by these terms. If you do not agree to accept these terms, you shall not access, browse, or use the report or website. The statements in this report have not been evaluated by the Food and Drug Administration and are only meant to be lifestyle choices for potential risk mitigation. Please consult your physician for medication, treatment, diet, exercise or lifestyle management as appropriate. This product is not intended to diagnose, treat, or cure any disease or condition.

Please Note - It is important that you discuss any modifications to your diet, exercise and nutritional supplementation with your physician before making any changes.



# Food Additives - Summary



LAST NAMEFIRST NAMEGENDERDATE OF BIRTHACCESSION IDDATE OF SERVICEREPORTDEMOMALE1998-07-05201209000412-08-2020 17:34

High Sensitivity					Blank Cell - H	igh Risk (	Moderate	- Not Order	ed or N/A
Food Name	lgA	lgG	lgG4	C3D	Food Name	lgE	IgA	lgG4	C3D
Guar Gum	5.0 (5.0)	0.0 (2.0)	23.0 (9.0)	7.0 (<0.1)	Ispaghula/Psyllium	9.0 (6.0)	4.0 (8.0)	30.0 (20.0)	30.0 (20.0)

Moderate Sens	Blank Cell - H Low	igh Risk	Moderate	- Not Order	ed or N/A				
Food Name	lgA	IgG	lgG4	C3D	Food Name	lgE	lgA	lgG4	C3D
Beta-Carotene	0.0 (1.0)	9.0 (2.0)	14.0 (20.0)	9.0 (7.0)	Erythritol	16.0 (8.0)	5.0 (6.0)	7.0 (<0.1)	5.0 (10.0)
Gum Tragacanth	2.0 (0.0)	3.0 (3.0)	3.0 (<0.1)	13.0 (8.0)	Lecithin (Soy)	9.0 (0.0)	16.0 (0.0)	5.0 (6.0)	<0.1 (2.0)
Sodium Nitrate	4.0 (3.0)	3.0 (4.0)	12.0 (7.0)	10.0 (3.0)					

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Yellow #6 (Sunset

Yellow)

9.0 (6.0)

3.0 (2.0)

10.0 (2.0)



LAST NAME	FIRST N	IAME	GENDE	R DATI	E OF BIRTH	ACCESSION	1 ID	DATE OF S	ERVICE
REPORT	DEMO		MALE	1998	3-07-05	201209000	4	12-08-202	0 17:34
Elements					Blank Cell - Hi	gh Risk	) Moderate	- Not Order	ed or N/A
Food Name	lgA	IgG	lgG4	C3D	Food Name	IgE	lgA	lgG4	C3D
Fluoride	9.0 (8.0)	2.0 (2.0)	3.0 (19.0)	7.0 (2.0)	Nickel Sulfate	0.0 (9.0)	0.0 (5.0)	1.0 (3.0)	10.0 (2.0)
Titanium dioxide	5.0 (8.0)	10.0 (9.0)	2.0 (1.0)	8.0 (1.0)					
Emulsifiers an	Emulsifiers and Surfactants					gh Risk	) Moderate	- Not Order	ed or N/A
Food Name	lgA	IgG	lgG4	C3D	Food Name	IgE	lgA	lgG4	C3D
Lecithin (Egg yolk)	6.0 (5.0)	3.0 (7.0)	<0.1 (10.0)	7.0 (2.0)	Lecithin (Soy)	9.0 (0.0)	16.0 (0.0)	5.0 (6.0)	<0.1 (2.0)
Polysorbate 80	2.0 (22.0)	6.0 (9.0)	3.0 (2.0)	2.0 (6.0)					
Fibrous Additiv	ves				Blank Cell - Hi Low	gh Risk	) Moderate	- Not Order	ed or N/A
Food Name	lgA	IgG	IgG4	C3D	Food Name	lgE	lgA	lgG4	C3D
Ispaghula/Psyllium	9.0 (6.0)	4.0 (8.0)	30.0 (20.0)	30.0 (20.0)					
Flavor Enhance	ers				Blank Cell - Hi Low	gh Risk	) Moderate	- Not Order	ed or N/A
Food Name	lgA	IgG	IgG4	C3D	Food Name	lgE	lgA	lgG4	C3D
Ammonium Chloride	7.0 (4.0)	9.0 (0.0)	1.0 (7.0)	3.0 (8.0)	Monosodium Glutamate (MSG)	8.0 (4.0)	4.0 (9.0)	1.0 (4.0)	8.0 (5.0)
Sodium Citrate	7.0 (4.0)	10.0 (9.0)	9.0 (7.0)	6.0 (9.0)					
Food Dyes and	l Pigme	nts			Blank Cell - Hi Low	gh Risk	) Moderate	- Not Order	ed or N/A
Food Name	lgA	IgG	IgG4	C3D	Food Name	lgE	lgA	lgG4	C3D
Acid Blue #3 (Patent Blue V)	2.0 (6.0)	7.0 (3.0)	4.0 (6.0)	4.0 (8.0)	Acid Red #14 (Carmoisine)	5.0 (5.0)	10.0 (5.0)	8.0 (7.0)	5.0 (1.0)
Annatto	6.0 (7.0)	8.0 (2.0)	1.0 (6.0)	4.0 (5.0)	Beta-Carotene	0.0 (1.0)	9.0 (2.0)	14.0 (20.0)	9.0 (7.0)
Blue #1 (Brilliant Blue)	0.0 (8.0)	10.0 (5.0)	1.0 (7.0)	6.0 (3.0)	Blue #2 (Indigo Carmine)	10.0 (6.0)	8.0 (7.0)	4.0 (4.0)	1.0 (<0.1)
Brilliant Black	10.0 (1.0)	10.0 (5.0)	9.0 (1.0)	6.0 (9.0)	Cochineal Extract	6.0 (7.0)	1.0 (5.0)	7.0 (2.0)	3.0 (8.0)
Green #3 (Fast Green)	9.0 (6.0)	5.0 (10.0)	<0.1 (9.0)	7.0 (6.0)	Red #2 (Amaranth Red)	7.0 (6.0)	1.0 (0.0)	2.0 (8.0)	10.0 (9.0)
Red #3 (Erythrosine)	4.0 (2.0)	5.0 (7.0)	2.0 (8.0)	5.0 (10.0)	Red #4 (Carmine)	2.0 (1.0)	3.0 (7.0)	9.0 (4.0)	6.0 (8.0)
Red #40 (Allura Red)	9.0 (3.0)	4.0 (10.0)	8.0 (9.0)	2.0 (7.0)	Yellow #5 (Tartrazine)	3.0 (1.0)	0.0 (8.0)	10.0 (7.0)	6.0 (10.0)

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5.0 (5.0)



LAST NAME	FIRST NAME	GENDER	DATE OF BIRTH	ACCESSION ID	DATE OF SERVICE
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Gums and Thic	Blank Cell - Hi	gh Risk	Moderate	- Not Order	ed or N/A				
Food Name	lgA	IgG	lgG4	C3D	Food Name	lgE	lgA	lgG4	C3D
Arabic Gum	1.0 (0.0)	10.0 (5.0)	4.0 (2.0)	1.0 (2.0)	Beta-Glucan	3.0 (3.0)	0.0 (9.0)	1.0 (10.0)	9.0 (4.0)
Carrageenan	0.0 (5.0)	2.0 (10.0)	8.0 (10.0)	1.0 (3.0)	Cottonseed	8.0 (5.0)	9.0 (9.0)	3.0 (8.0)	<0.1 (10.0)
Guar Gum	5.0 (5.0)	0.0 (2.0)	23.0 (9.0)	7.0 (<0.1)	Gum Tragacanth	2.0 (0.0)	3.0 (3.0)	3.0 (<0.1)	13.0 (8.0)
Locust Bean Gum	9.0 (2.0)	1.0 (4.0)	9.0 (6.0)	7.0 (2.0)	Mastic Gum	9.0 (9.0)	5.0 (19.0)	9.0 (3.0)	2.0 (3.0)
Xanthan Gum	7.0 (7.0)	4.0 (9.0)	3.0 (5.0)	1.0 (3.0)					

Other				Blank Cell - Low	High Risk	Moderate	- Not Order	ed or N/A	
Food Name	lgA	IgG	lgG4	C3D	Food Name	lgE	lgA	lgG4	C3D
Bisphenol A (BPA)	8.0 (2.0)	0.0 (4.0)	6.0 (<0.1)	<0.1 (<0.1)	Latex	3.0 (8.0)	1.0 (5.0)	1.0 (9.0)	10.0 (4.0)

Pesticides				Blank Cell - Low	ligh Risk	Moderate	- Not Order	ed or N/A	
Food Name	lgA	IgG	lgG4	C3D	Food Name	lgE	lgA	lgG4	C3D
Deltamethrin	9.0 (3.0)	2.0 (8.0)	10.0 (4.0)	5.0 (10.0)	Glyphosate	5.0 (9.0)	5.0 (2.0)	9.0 (5.0)	9.0 (<0.1)

Preservatives :	and Ant	ioxidan	ts	Blank Cell - Hi	igh Risk	Moderate Moderate	- Not Order	ed or N/A	
Food Name	lgA	IgG	lgG4	C3D	Food Name	lgE	lgA	lgG4	C3D
Benzoic Acid	10.0 (0.0)	4.0 (0.0)	9.0 (6.0)	3.0 (5.0)	Butylated Hydroxyanisole (BHA)	3.0 (8.0)	3.0 (4.0)	1.0 (8.0)	10.0 (6.0)
Butylated Hydroxytoluene (BHT)	4.0 (8.0)	7.0 (7.0)	5.0 (2.0)	6.0 (7.0)	Citric Acid	1.0 (4.0)	3.0 (3.0)	6.0 (9.0)	2.0 (6.0)
Formaldehyde	2.0 (9.0)	3.0 (0.0)	10.0 (7.0)	7.0 (3.0)	Sodium Benzoate	0.0 (10.0)	3.0 (6.0)	3.0 (6.0)	2.0 (<0.1)
Sodium Nitrate	4.0 (3.0)	3.0 (4.0)	12.0 (7.0)	10.0 (3.0)	Sodium Sulfite	0.0 (2.0)	0.0 (9.0)	5.0 (1.0)	9.0 (5.0)
Sorbic Acid	8.0 (3.0)	3.0 (0.0)	3.0 (9.0)	4.0 (1.0)					

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 LAST NAME
 FIRST NAME
 GENDER
 DATE OF BIRTH
 ACCESSION ID
 DATE OF SERVICE

 REPORT
 DEMO
 MALE
 1998-07-05
 2012090004
 12-08-2020 17:34

Blank Cell -High Risk Moderate - Not Ordered or N/A **Sweeteners Food Name** lgG lgG4 C3D lgG4 C3D **IgA** Food Name **IgE IgA** Acesulfame K 1.0 (2.0) 0.0 (9.0) 8.0 (6.0) 1.0 (3.0) Aspartame 5.0 (10.0) 7.0 (6.0) 10.0 (7.0) 6.0 (6.0) Erythritol 16.0 (8.0) 5.0 (6.0) 7.0 (<0.1) 5.0 (10.0) Mannitol 5.0 (4.0) 6.0 (3.0) 4.0 (9.0) 2.0 (9.0) Monk fruit 8.0 (3.0) 0.0 (1.0) 8.0 (1.0) 7.0 (2.0) Saccharin 7.0 (2.0) 3.0 (8.0) 1.0 (7.0) 6.0 (4.0) Sorbitol 0.0 (6.0) 9.0 (6.0) 2.0 (<0.1) <0.1 (4.0) Stevia 9.0 (6.0) 6.0 (1.0) 9.0 (9.0) <0.1 (9.0) Sucralose (Splenda) 2.0 (4.0) 9.0 (6.0) 6.0 (3.0) 10.0 (8.0) Xylitol 2.0 (9.0) 7.0 (2.0) 2.0 (5.0) 10.0 (9.0)

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### **Food Additives**

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#### Risk and Limitations

This test has been developed and its performance characteristics determined by Vibrant America LLC., a CLIA certified lab. These assays have not been cleared or approved by the U.S. Food and Drug Administration.

Vibrant Food Additives panel does not demonstrate absolute positive and negative predictive values for any condition. Its clinical utility has not been fully established. Clinical history and current symptoms of the individual must be considered by the healthcare provider prior to any interventions. Test results should be used as one component of a physician's clinical assessment.

Food Additives Panel testing is performed at Vibrant America, a CLIA certified laboratory and utilizes ISO-13485 developed technology. Vibrant America has effective procedures in place to protect against technical and operational problems. However, such problems may still occur. Examples include failure to obtain the result for a specific food additive antibody due to circumstances beyond Vibrant's control. Vibrant may re-test a sample in order to obtain these results but upon re-testing the results may still not be obtained. As with all medical laboratory testing, there is a small chance that the laboratory could report incorrect results. A tested individual may wish to pursue further testing to verify any results.

The information in this report is intended for educational purposes only. While every attempt has been made to provide current and accurate information, neither the author nor the publisher can be held accountable for any errors or omissions.

Vibrant Wellness makes no claims as to the diagnostic or therapeutic use of its tests or other informational materials. Vibrant Wellness reports and other information do not constitute the giving of medical advice and are not a substitute for a professional healthcare practitioner. Please consult your provider for questions regarding test results, or before beginning any course of medication, supplementation or dietary/lifestyle changes. Users should not disregard, or delay in obtaining, medical advice for any medical condition they may have, and should seek the assistance of their health care professionals for any such conditions.